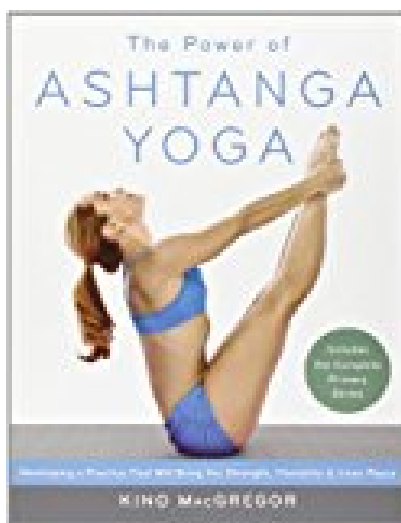


# The Power of Ashtanga Yoga Developing a Practice That Will Bring You Strength Flexibility and Inner Peace--Includes the complete Primary Series

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